

■■■■■ **Your Guide** ■■■■■ **HALDIMAND & NORFOLK**

for Families, Children & Teens

**Your Guide is
made possible by:**



JULY TO DECEMBER 2022

Your Guide is also available online at www.contactbrant.net/yourguide

Use this publication to find free courses, workshops, events and groups for families, children and teens.

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**Flip YOUR GUIDE
for BRANT!**



Welcome to the Your Guide Haldimand Norfolk!

The Your Guide is published twice annually with two issues covering January to June and July to December.

Available online at www.contactbrant.net/yourguide.

Check through the Your Guide for programs listed by our partner agencies.

Welcome to the EarlyON Child and Family Centres

H-N REACH EarlyON Child and Family Centre programming information

Program Registration at
earlyon@hnreach.on.ca

Visit our website hnreach.on.ca



Haldimand-Norfolk
REACH

Find us on 

[Haldimand-Norfolk REACH](#)

&

[HN REACH EarlyON Child and Family Centre](#)

MCFN EarlyON Child and Family Centre programming information

Program Registration at
www.keyon.ca

Visit our website at mncfn.ca



Find us on 

[MCFN EarlyON](#)





Early Years Check In

The Early Years Check In is an easy form to use and can be completed for any child 18 months to 6 years old. Learn about resources available to you online and in the community.

Call 1-866-463-2759

EarlyON Child and Family Centres

Parent & Child Free Interactive Programs for children 0-6 years

Location	Mon	Tues	Wed	Thurs	Fri	Sat
Caledonia *New Location* 282 Argyle Street South Unit 4	<p>Please visit our websites or Facebook pages for up to date information and schedules.</p> <p>We hope to see you soon in person or virtually!</p> <p>EarlyON Child and Family Centres provide programming for children and families. We offer a range of services and resources where you can:</p> <ul style="list-style-type: none"> • join fun activities such as storytelling, arts, science, sing-alongs and games • get advice from professionals trained in early childhood development • find out about other family services in your community • connect with other families with young children <p>We offer programs and activities on weekdays, evenings and weekends to fit the needs of families in their communities.</p> <div>    </div> <div> WWW.HNREACH.on.ca Facebook/EarlyON Facebook/MCFN EarlyON </div> <div>  </div>					
Cayuga J.L. Mitchener School 60 Munsee St., South						
Delhi Delhi United Church 105 Church St., West						
Dunnville Mapleview Elementary School 223 Fairview Ave., West						
Houghton Houghton Public School 505 Fairground Side Rd						
Hagersville Hagersville Secondary 70 Parkview Road 289-758-5599						
Jarvis *New Location* Jarvis Community Church 19 Church St.						
Langton Sacred Heart Public School 26 Albert St.						
Mississaugas of the Credit First Nation 659 New Credit Road 289-758-5599						
Port Dover Lakewood Elementary 713 St. George Street						
Port Rowan St. John's Anglican Church 46 Front Road						
Selkirk Selkirk Public Library 34 Main St., West						
Simcoe 12 Colborne St., North						
Waterford Waterford United Church 135 Main St., South						

Well Baby / Breastfeeding Drop-in

In Partnership with Haldimand Norfolk Health Unit

Drop-in may be affected by the COVID-19 pandemic. Please refer to [Hnhu](https://hnhu.org) and [H-N REACH](https://h-n-reach.on.ca) website.

Well Baby is a free program for parents of infants and toddlers to talk to a Public Health Nurse about breastfeeding, infant feeding, growth and development, community resources and other questions you may have concerning your infant and toddler.



Prenatal Classes

Please check the HNHU website <https://hnhu.org/clinics-classes/prenatal-classes/> for up-to-date information.

The Haldimand-Norfolk Health Unit offers a combination of online and in-person prenatal classes.

The prenatal program is available to residents of Haldimand and Norfolk County.

To register for the online prenatal program go to: <https://hnhu.org/clinics-classes/prenatal-classes/>.

To register for in-person Prenatal Classes call the Health Unit at 519-426-6170 (Simcoe) or 905-318-6623 (Caledonia). These are led by a Public Health Nurse and provided in partnership with H-N REACH EarlyON Child and Family Centres.

For up to date information on dates and times visit:

- <https://hnhu.org/clinics-classes/prenatal-classes/>
- <http://www.hnreach.on.ca/earlyon-child-and-family-centres/>



HN-REACH Holiday Closures

Friday, July 1 – Canada Day
Monday, August 1 – Civic Holiday
Monday, September 5 – Labour Day
Monday, October 10 – Thanksgiving
Friday, November 11 – Remembrance Day
Monday, December 26-30 – Holiday Closure

H-N REACH EarlyON Indoor Play and Learn Programs

Please contact us at 519-429-2875 or 1-866-463-2759 or visit our [websites](#) or [Facebook](#) pages for up to date information and schedules.

H-N REACH EarlyON Outreach Programs

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759.

Family Nature Walks

Walking routes and meeting location will be provided at registration.

Walking is good for the body and good for the mind! Join us for this weekly walk and opportunity to meet with other parents, connect with our facilitator and improve your overall wellness. Parents, caregivers and children of all ages get out to walk and talk together.

Simcoe Thursdays in July & August 1:00 p.m. - 2:00 p.m.

Art in the Park

Park locations will be provided at registration.

This program provides activities to extend children's learning through creative play in the outdoor environment. Exploring a variety of materials children will have an opportunity to express themselves while learning with other children and families through shared experiences.

Caledonia Tuesdays in July & August 1:30 p.m. - 2:30 p.m.

Stories, Music and Movement

Locations will be provided at registration

Let's get our bodies and minds moving! You and your child are invited to actively participate in fun songs, rhymes, stories and experiences using fine and gross motor muscles that support balance, coordination and encourage brain development and sensory connections.

Simcoe Mondays in July & August 1:30 p.m. - 3:00 p.m.

H-N REACH EarlyON Additional Programs

Baby Picasso

An interactive program for parents/caregivers with infants/young children to have an opportunity to experience the benefits of early stimulation, sensory and creative art experiences.

Caledonia	Monday October 24	1:00 p.m.
Simcoe	Monday October 24	1:00 p.m.
Caledonia	Monday December 19	1:00 p.m.
Simcoe	Monday December 19	1:00 p.m.

Infant Massage

Parents/caregivers and infants up to 12 months

A program designed to teach parents and caregivers of infants a warm, nurturing, bonding experience through touch over five sessions together.

Caledonia	Monday's September 12 - October 17	1:00 p.m.
Simcoe	Monday's September 12 - October 17	1:00 p.m.

Infant Mother Goose

Parents\caregivers of infants up to 12 months

A group experience for parents /caregivers and their babies to come together weekly for six sessions and learn & sing songs and rhymes. Join us and enjoy networking with parents/caregivers and increasing the bond with your child and their development.

Caledonia	Monday November 7 – December 12	1:00 p.m.
Simcoe	Monday November 7 – December 12	1:00 p.m.

H-N REACH EarlyON Virtual Programming

Meet us on ZOOM for circle and story time!

Monday through Thursday at 9:00 a.m.

Friday at 9:30 a.m.

Email earlyon@hnreach.on.ca for zoom code details.

MCFN EarlyON Programming

The EarlyON weekly calendar is posted on the MCFN EarlyON Facebook page.

Pre-Registration through the KEyON system is REQUIRED

Pre-registration using your KEyON account is required to attend MCFN EarlyON programs and services. Only those pre-registered will be permitted to attend.

Planning your in-person visit? Create your account and become a KEyON member today.

Login to your KEyON account and view our individual site calendar for information on the dates and locations our programs will be offered.

If you have questions about KEyON, or need assistance with registration, contact a MCFN EarlyON staff member:

Katharine Brown, RECE, Coordinator

289-758-5599 or 365-323-4932

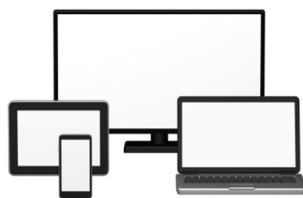
Shelby Riddell, RECE, Facilitator
shelby.riddell@mncfn.ca

Bridgette Ouwendyk, RECE, Facilitator
bridgette.ouwendyk@mncfn.ca

Jolene Hill SSW, Community Navigator
jolene.hill@mncfn.ca

Kelly Henry (Cultural Facilitator)
kelly.henry@mncfn.ca

KEYON CREATING YOUR ACCOUNT



www.keyon.ca

Click on *Become a Member* to begin creating your account.

How we use info

Your information is only used for planning purposes. Each adult requires their own account.



Pre-registration

Once you have an account, you can pre-register for both virtual and in person programs at your favourite EarlyON centres.



Email Notifications

Confirm your email address to receive reminders of your pre-registrations or cancellations.



Quick Sign in

When you show up in person at the EarlyON centre, simply scan your QR tag and quickly sign in you and your child.



SAULT STE. MARIE
INNOVATION
CENTRE

ACORN
INFORMATION SOLUTIONS

Early Years Check In

Talk to an Early Years Facilitator about your child's developmental progress. The Early Years Check In is an easy form to use and can be completed for any child 18 months to 6 years old. Learn about resources available to you online and in the community.

Call 1-866-463-2759 for more information



Parenting Programs

Moms Talk

Wednesdays October 5, 2022 to February 22, 2023 - 1:00 p.m. to 3:00 p.m.
Open to any parent/caregiver.

Moms meet virtually to talk about things that matter to them including relationships, parenting, feeling alone and friendship.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087, ext. 405.

Positive Discipline in Everyday Parenting

Want to raise your child, not your voice? Our problem solving model promotes healthy child development and strong parent-child relationships for parents/caregivers with children up to the age of 6.

Simcoe H-N REACH EarlyON Wednesdays, October 5 to November 23, 2022 - 6:00 to 7:30 p.m.
Dunnville H-N REACH EarlyON Thursdays, October 6 to November 24, 2022 - 6:00 to 7:30 p.m.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087, ext. 405.

For more information on Positive Discipline in Everyday Parenting refer to
<https://positivedisciplineeveryday.com>

In the Community

Development Check-In

Open to all parents/caregivers and their child 0 to 4 years. A virtual or in person session will include a brief developmental screen and discussion on key milestones.

To register, call H-N REACH, leave your name and phone number with Sonja at 519-587-2441 or 1-800-265-8087, Ext. 371



Breastfeeding Support

Support is available by:

- Calling a Public Health Nurse at 519-426-6170 or 905-318-6623
- Attending a Well Baby and Breastfeeding Drop-in at the Early ON Centres
- Calling Telehealth Ontario at 1-866-797-0000
- Breastfeeding Buddies, support from another mom - Call 519-587-2441

Healthy Babies, Healthy Children Program

Healthy Babies, Healthy Children is a free home-visiting program for pregnant moms and families with infants and young children offering support such as:

- Having a healthy pregnancy
- Breastfeeding advice and support
- Promoting your child's growth and development
- Parenting support
- Connecting you to resources and programs in your community

For more information, contact the Haldimand Norfolk Health Unit at 519-426-6170 or 905-318-6623.

Dental Program

Healthy Smiles Ontario is a free program that provides dental care for low-income children age 17 and under. Services provided include:

- Regular visits to a dentist or dental hygienist
- Fluoride varnish
- Cleanings and scaling
- Fillings
- X-rays
- Treatment for urgent or emergency oral health issues
- Other treatment Services

To book a screening and see if your family qualifies, call the Health Unit at 519-426-6170, Ext. 3293, or go online www.ontario.ca/healthysmiles to learn more. * If your child receives OW, ODSP, ACSD or temporary care assistance coverage they are automatically enrolled in Healthy Smiles Ontario

Healthy Growth and Development Support and Resources

Check out www.hnhss.ca.

Dalhousie Place (Brantford & Haldimand Norfolk Supervised Access)

Please contact the Brantford office (519) 751-0466 or the Simcoe satellite office (519) 428-4838 for more information on programs and services available to you.

Do you need help with Child Care Costs?



You may be eligible for Child Care Fee Subsidy, a program that helps families pay for licensed child care and qualified recreation programs.

Do I qualify?

You may be eligible for help with child care costs if you live in Haldimand or Norfolk, and have a child or children that require care and at least one of the following apply:

- You are employed
- You are attending school
- You are retraining
- You are a parent with special needs or therapeutic needs
- You have a child with special needs or therapeutic needs



Your eligibility and contribution towards the cost of care is based on the results of an income test. Check out our sample income test at www.hnss.org.

To register for a licensed program or to see a full list of licensed centres in Haldimand and Norfolk visit www.haldimandnorfolknelist.ca

To apply for Child Care Fee Subsidy:

Call 519-426-6170 or 905-318-6623, 519-582-3579 Ext. 3745 or visit www.hnss.org for more information.

**Health and
Social Services**
Haldimand and Norfolk

SIMCOE: P.O. Box 570, 12 Gilbertson Drive, Simcoe, ON N3Y 4N5
T: 519-426-6170 or 905-318-6623 or 519-582-3579 F: 519-426-9974
DUNNVILLE: 117 Forest Street East, Dunnville, ON N1A 1B9
T: 905-318-6623 F: 905-774-1538

Haldimand Norfolk OneList.

The safe, fast and convenient childcare registry.

Applying for child care is easier than ever with OneList, an online centralized childcare registry, waitlist and information service that simplifies the process of applying for child care. OneList provides you with:

- the ability to research different licensed child care providers and the type of care offered;
- view maps of locations of licensed child care programs close to your home or work;
- the option to apply simultaneously to any number of licensed child care programs for multiple children;
- access to change your application anywhere, anytime; and,
- a highly secure website that ensures your privacy.

Get on OneList today!

To register visit:

HaldimandNorfolkOneList.ca

For support: call: 1.888.722.1540

or email: support@onehsn.com





Lansdowne Children's Centre

12 Colborne St. N. EarlyON site, Simcoe
11 Colborne St. N., Simcoe
282 Argyle St. S., Caledonia
110 Ramsey Drive, Dunnville

Preschool Speech and Language

- 0-36 months Speech and Language milestones checklists for parents are available at EarlyON sites and on <http://www.lansdownecentre.ca>.
- For further information or to schedule a speech and language assessment for your child, call 519-753-3153 or 1-800-454-7186.



Dalhousie Place

Supervised Access Centre
228 John Street, Simcoe

K.A.T.C.H (Kids and the Changing Home)

Open to any child 6-12 years.

A free 6-week program for children living with separation and divorce. The residential parent can call and complete an intake by phone.

A certificate of attendance and resource materials are provided.

For more information, start dates or to register call 519-751-0466 or go to www.dalhousieplace.com.

Planning for the Children After Parent Separation

Open to any caregiver.

One-time information group session for separated parents, grandparents and caregivers.

Focuses on how children are impacted following parental separation and during the custody and access process.

For more information, start dates or to register call 519-751-0466 or go to www.dalhousieplace.com.

A certificate of attendance and resource materials are provided.

Programs Funded by the United Way.





Haldimand-Norfolk
REACH

supporting children, families, communities

Healthy Moms Eating Well for 2

A Prenatal Nutrition Program designed to help you
“give your baby the healthiest start in life.”

We offer free:

- ✓ Home visits
- ✓ Prenatal vitamins
- ✓ Food gift certificates for milk, fruits & vegetables
- ✓ Meeting with our Dietitian
- ✓ Breastfeeding information and support



For more information, please contact the Outreach Worker
at 519-587-2441 or 1-800-265-8087, Ext. 407.

Are you in Crisis?

Child & Youth Crisis Service is available
24 hours a day, 7 days a week for
children, youth and families.

1-866-32-REACH (1-866-327-3224)



Haldimand-Norfolk
REACH
supporting children, families, communities

AUTISM SERVICES

There are a range of evidence-based services and programs
offered to children with Autism Spectrum Disorder and their
families within a family-centred and flexible manner.

For inquiries please view the
H-N REACH Autism Service Guide available at
<http://www.hnreach.on.ca/autism-services/>.



Haldimand-Norfolk
REACH

supporting children, families, communities

Call **Contact Haldimand-Norfolk**
(a division of H-N REACH) for more information about services in
Haldimand-Norfolk for children and youth under the age of 18.
519-587-2441 or 1-800-265-8087, Ext. 350

or visit www.hnreach.on.ca



Find us on

Haldimand and Norfolk
TAPP-C



The Arson Prevention Program for Children
Fire Setting is Serious Business

If you know of a child who is playing with fire please
contact 1-800-265-8087 for support.



TAPP-C is a registered trademark of the Ontario Ministry
of Community Safety and Correctional Services.

For more information visit our website at www.hnreach.on.ca or

Find us on [Haldimand-Norfolk REACH](https://www.facebook.com/Haldimand-Norfolk-REACH)

Find us on [Haldimand-Norfolk REACH EarlyON Child and Family Centre](https://www.facebook.com/Haldimand-Norfolk-REACH-EarlyON-Child-and-Family-Centre)

KINDERGARTEN REGISTRATION

REGISTER EARLY FOR FRENCH IMMERSION
JAN. 9 – FEB. 24, 2023

REGISTER ONLINE AT **CATHOLICEDUCATION.CA**



BRANT HALDIMAND NORFOLK
Catholic District School Board



COMMUNITY INFORMATION
Brant, Haldimand & Norfolk
www.info-bhn.ca

A website of local programs and services

www.info-bhn.ca



Providing therapy services
in-person and virtually in
Haldimand Norfolk

12 Colborne St. N. EarlyON site, Simcoe
11 Colborne St. N., Simcoe
282 Argyle St. S., Caledonia
110 Ramsey Drive, Dunnville
www.lansdownecentre.ca
519-753-3153 or 1-800-454-7186



Offering Counselling,
Financial Empowerment, &
Developmental Services.

519-753-4173
office@willowbridge.ca

Willowbridge.ca

Ready, Set, Kindergarten!

Kindergarten registration is now open.

Register at granderie.ca/kindergarten

Protect yourself and others from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



World Health
Organization



www.dalhousieplace.com

Brantford and District Supervised Access Centre
Haldimand-Norfolk Supervised Access Centre

"Dedicated to providing a Safe, Neutral & Child Focused facility for Supervised Access"



BRANTFORD OFFICE:
P.O. Box 774, Stn Main
70 Chatham Street
Brantford ON N3T 5R7

TOWNSEND OFFICE:
70 Town Centre Drive
Townsend ON N0A 1S0

Providing child welfare services
to the communities of:
Brantford | Brant | Haldimand | Norfolk |
Mississaugas of the Credit First Nation

519-753-8681 | Toll Free 1-888-753-8681
www.cfsge.ca

