



Haldimand-Norfolk

REACH

supporting children, families, communities

HALDIMAND-NORFOLK REACH

VIRTUAL WALK-IN THERAPY CLINIC

No appointment is necessary, families with children through to 18 years of age receive FREE quick access to private therapy services on a first come, first served basis. Speak to a trained child and family therapist in your time of need.

Hours: Every Tuesday from noon to 6:30 p.m.

To access this service call our dedicated Virtual Clinic access number 519-410-1502 to be connected to one of our Child Clinical Therapists

Therapy with a focus on what is most important for you to talk about can assist you and/or your family members to come up with ideas to address a concern or different ways of thinking about things that can help. With your permission you will receive a Conversation Summary highlighting the key points discussed and ideas to practice.

Prior to calling please try to find a private and quiet location from which to speak.

For more information call 519-587-2441 or 1-800-265-8087 Ext 263

Please note: This is not a crisis service. If you or someone you know up to 18 years old and their families/caregivers is experiencing a crisis please call the Child & Youth Crisis Service at 1-866-327-3224 to receive immediate telephone support.