

SOLOMON, Anika

CALEDONIA

Anika was welcomed as a Board Member in November 2021.

Anika is employed as a Child and Youth Worker with the Dufferin Peel Catholic District School Board where she advocates for appropriate mental health supports for children and youth. Anika has a history of working with children, youth and their families in a variety of setting including the education system, private organization and not-for-profit sector. Anika prides herself on the ability to provide each individual with excellent counselling, case management and emotional support. She strongly believes in advocating on behalf of children, youth and their families in order to assist them in obtaining their goals.

Anika is a CIS gendered woman of Afro-Caribbean descent, pronouns she/her. She emigrated to Canada as a child and grew up in downtown Toronto. She is married with two children and recently moved to Caledonia.

Anika believes in the importance of keeping skills current and regularly attends professional development to seek out new information to advance her learning. Her approach to lifelong learning is a welcome addition to the H-N REACH Board of Directors.

My mission in life is not merely to survive, but to thrive, and to do so with some passion, some compassion, some humour and some style. - Maya Angelou