



**Simcoe**  
 12 Colborne St. N Simcoe ON N3Y 3T9  
 Phone: 519-429-2875

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Play & Learn 9:00-11:30am	Play & Learn 9:00-3:00pm	Well Baby/ Baby Play 9:00-11:30	Play & Learn 9:00-3:00pm	Play & Learn 9:00-12:00pm	Play & Learn 9:00-12:00pm	Closed
	Play & Learn 5:30-7:30pm	Nurse on site 9:30 am - 11:30 am		<ul style="list-style-type: none"> <li>• Jan 11 &amp; 25</li> <li>• Feb 8 &amp; 22</li> <li>• Mar 8 &amp; 22</li> <li>• Apr 12 &amp; 26</li> <li>• May 10 &amp; 24</li> <li>• Jun 14 &amp; 28</li> </ul>	<ul style="list-style-type: none"> <li>• Jan 5 &amp; 19</li> <li>• Feb 2 &amp; 16</li> <li>• Mar 2 &amp; 16</li> <li>• Apr 6 &amp; 20</li> <li>• May 4 &amp; 18</li> <li>• Jun 1 &amp; 15</li> </ul>	

**Baby Picasso Drop In:**

**Monday January 28, February 11 and April 15 - 1:00 p.m. to 2:30 p.m.**

Open to any parent/caregiver and their child 0-12 months.

An opportunity for babies to explore with their body, mind and senses. Messy babies at play... please dress for fun!

**Story Time with the Librarian: 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month.**

**January 8 & 22, February 12 & 26, March 12 & 26, April 9 & 23, May 14 & 28, and June 11 & 25**

Open to any parents/caregiver and their children 0-6 years

The Librarian leads a fun interactive story time. Together explore letters, numbers and so much more through books, songs and rhymes.

**Intergenerational Sing Along: 4<sup>th</sup> Wednesday of each month - 10:00 a.m. to 11:00 a.m.**

**January 23, February 27, March 27, April 24, May 22 and June 26**



Haldimand Norfolk Community Senior Support Services, 230 Victoria St., Simcoe

Open to any parent/caregiver and their child 0-6 years.

Share interactive songs, rhymes and stories with different generations from our community, engaging and building relationships together.

**Snuggle Time: Tuesday January 29 - 5:30 p.m. to 7:30 p.m.**

Open to any parent/caregiver and their child 0-6 years.

Join us in your favorite PJ's and create a masterpiece, enjoy a light snack and story together before heading home to brush your teeth and get tucked snuggly into bed.

**Learning Around the House: Monday January 7, 14 and 21 - 1:00 p.m. to 3:00 p.m.**

Open to any parent/caregiver and their child 0-6 years.

Come and see what opportunities are available at the EarlyON centre to explore and investigate during hands-on math experiences. Parents and children can engage in everyday math ideas that support early learning math development. Experience ideas that can be used at home everyday.

### **Sensory Bottles: Saturday February 2 - During Play and Learn**

Open to any parent/caregiver and their child 0-6 years. Looking for a fun activity to do with your child. Bring a clear plastic bottle and lid, we will supply the rest for you and your child to create your own sensory bottle to take home and enjoy.

### **Engaging Our Senses: Thursday February 14 – During Morning Play and Learn**

Open to any parent or caregiver and their child 0-6 years.  
Come join us for some fun filled hands-on activities that engage all of our senses.  
Please wear play clothes and engage with your children as they enjoy a variety of sensory experiences.

### **Family Day Celebrations: Saturday February 16 - During Play and Learn**

Open to any parent/caregiver and their child 0-6 years.  
Family Day Saturday at the EarlyON Child and Family Centre.  
Play , sing, explore with your senses and create something special together with your family today.

### **Ramp and Roll: Tuesday March 5 - During Morning Play and Learn**

Open to any parent/caregiver and their children 0-6 years.  
Come see how children can use a variety of “loose parts” to learn about gravity, shapes and problem solving skills. Children can test their theories during this program as they explore and engage their creative minds.

### **Sugar Bush Trip: Tuesday March 19 - 10:00 a.m. to 11:00 a.m.**

*Richardson Farm, 131 River Road, Dunnville*

Open to any parent/caregiver and their children 0-6 years.  
Enjoy a wagon ride and a walk in the sugar bush to explore where maple syrup comes from.

### **Infant Mother Goose:**

**Mondays February 25 to March 25 - 1:00 p.m. to 2:00 p.m. and 2:30 p.m. to 3:30 p.m.  
and Mondays May 27 to June 24 - 1:00 p.m. to 2:00 p.m. and 2:30 p.m. to 3:30 p.m.**

Open to any parent/caregiver and their child 0-12 months.  
An interactive program focusing on the pleasure of rhymes, songs and stories.

### **Infant Massage: Every Monday April 29 to May 13 - 1:00 p.m. to 2:30 p.m.**

Open to any parent/caregiver and their infant 0-12 months.  
Parents and caregivers connect with their infant through touch. This program provides a sense of belonging and well being between the child and their parent or caregiver.

### **Walk and Chalk about it: Tuesday May 7 – During Afternoon Play and Learn**

Open to any parent/caregiver and their child 0-6 years.  
EarlyON Child and Family Centre celebrate Children`s Mental Health Week!

### **Moo to You Visitor: Tuesday May 14 - 10:00 a.m. to 11:00 a.m.**

Open to any parent/caregiver and their children 0-6 years.  
Explore and learn how milk gets from the cow to the table. Engage and have fun with your child and the HN Dairy Educator from Dairy Farmers of Ontario.



**Gym Time: 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of each month - 10:00 a.m. to 11:30 a.m. (Jan to Apr)**

**January 2 & 16, February 6 & 20, March 6 & 20, April 3 & 17**

First Baptist Church, 129 Young Street

Open to any parent/caregiver and their child 0-6 years.

Enhance your child's physical literacy during fundamental movement skills through a variety of games and activities.

**Nature Scavenger Hunt: Wednesday June 5 - 10:00 a.m. to 11:00 a.m.**

*Lynn Valley Trail, Simcoe*



Open to any parent/caregiver and their children 0-6 years.

There are so many things to see, smell, hear and touch in nature so come out and participate in shared exploration with your child.

## Parenting Programs

**Prenatal Classes: Once a week for a five week block.**

Wednesday January 9 to February 6 - 7:00 p.m. to 9:00 p.m.

Wednesday February 20 to March 20 - 7:00 p.m. to 9:00 p.m.

Wednesday April 3 to May 1 - 7:00 p.m. to 9:00 p.m.

Wednesday May 15 to June 12 - 7:00 p.m. to 9:00 p.m.

Wednesday June 19 to July 17 - 7:00 p.m. to 9:00 p.m.

Prenatal classes are led by a Public Health Nurse. Participants receive the book "The Joy of Parenting" and are given lots of time for discussion and questions. Classes are offered free and are provided by the Haldimand-Norfolk Health Unit and EarlyON Child and Family Centres. To register call the Health Unit at 519-426-6170



**Moms Talk: Every Wednesday January to December - 1:00 p.m. to 3:00 p.m.**

Open to any parent/caregiver and their child 0-6 years

Are you looking for support and a break? Moms get together to talk about things that matter to them including relationships, parenting, feeling alone and friendship. Childcare provided. For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405

**Positive Discipline in Everyday Parenting:**

**Every Wednesday February 6 to March 27 - 6:30 p.m. to 8:00 p.m.**

Raising your child, not your voice. Parents learn to set boundaries and use teachable moments to provide their children with the skills for success. Up to age 6.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405.

**Beyond the Basics: Every Tuesday February 5 to March 26 - 10:00 a.m. to 12:00 p.m.**

A group for parents with children 0-6 years involved with the Children's Aid Society. Learn new approaches to parenting through play based learning, discussion and problem solving.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405

**Holiday Closure Notice**

**All H-N REACH/EarlyON Child and Family Centres will be closed on:**

Tuesday January 1 – New Year's Day

Monday February 18 – Family Day

Friday April 19 to Monday April 22 – Easter Weekend

Saturday May 18 to Monday May 20 – Victoria Day Weekend