

**WILSON, Helen****PORT DOVER**

Helen joined the Board as a Community Representative in February 2015. She began a 3 year Director term as recommended by the Nominating Committee in their report to the membership at the AGM in June 2015.

Helen is a graduate of McMaster University, retired educator, and is a community activist and leader. During her professional career, Helen developed new programs for elementary and secondary students, which included special needs and at-risk students. Helen counselled and guided parents and teachers in supporting children with special needs. Her volunteer experience includes co-chairing the McMaster Mother's Day Telethon and Special Events Coordinator for the 2003 World Cycling Championship Races.

Helen's experience and expertise from her professional life and as a parent enables her to contribute meaningfully to the REACH Board of Directors.

*A Favorite Quote: "Nobody was ever honored for what she received; Honour is the reward for what we give."*