

Your Guide **HALDIMAND & NORFOLK** *for Families, Children & Teens*

**Your Guide is
made possible by:**



JANUARY TO JUNE 2023

Your Guide is also available online at www.contactbrant.net/yourguide

Use this publication to find free courses, workshops, events and groups for families, children and teens.

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Welcome to the Your Guide Haldimand Norfolk!

The Your Guide is published twice annually with two issues covering January to June and July to December.

Available online at www.contactbrant.net/yourguide.

Check through the Your Guide for programs listed by our partner agencies.

Welcome to the EarlyON Child and Family Centres

H-N REACH EarlyON Child and Family Centre programming information

Program Registration at
earlyon@hnreach.on.ca

Visit our website hnreach.on.ca



Haldimand-Norfolk
REACH

Find us on 

[Haldimand-Norfolk REACH](#)

&

[HN REACH EarlyON Child and Family Centre](#)

MCFN EarlyON Child and Family Centre programming information

Program Registration at
www.keyon.ca

Visit our website at mncfn.ca



Find us on 

[MCFN EarlyON](#)

Early Years Check In

The Early Years Check In is an easy form to use and can be completed for any child 18 months to 6 years old.

Learn about resources available to you online and in the community.

Call 1-866-463-2759

EarlyON Child and Family Centres

Parent & Child Free Interactive Programs for children 0-6 years

Please visit our [websites & Facebook pages](#) for more information and changes to schedules.

Location	Mon	Tues	Wed	Thurs	Fri	Sat
Caledonia 282 Argyle St. South Unit 4	Play & Learn 9:30-11:30	Baby Play 9:30-11:30 1:00-3:00	Play & Learn 9:30-11:30 1:00-3:00 5:30-7:30	Play & Learn 9:30-11:30 1:00-3:00	Play & Learn 9:30-11:30	*4 th Saturday of the Month* Play & Learn 9:30-11:30
Cayuga J.L Mitchener School 60 Munsee St., South	Play & Learn 9:30-11:30		Play & Learn 9:30-11:30			
Delhi Delhi United Church 105 Church St., West	Play & Learn 9:30-11:30			Play & Learn 9:30-11:30		
Dunnville Mapleview Elementary School 223 Fairview Ave., West		Play & Learn 9:00-11:00	Play & Learn 9:00-11:00	Baby Play 8:30-11:30 Play & Learn 6:00-7:30		*2 nd Saturday of the Month* Play & Learn 9:30-11:30
Houghton Houghton Public School 505 Fairground Side Rd	Play & Learn 9:30-11:30	Play & Learn 9:30-11:30	Play & Learn 9:30-11:30			
Hagersville Hagersville Secondary 70 Parkview Road 289-758-5599	<i>*Visit KeyON for program schedule and registration</i>					
Jarvis Jarvis Community Church 19 Church St.				Play & Learn 9:30-11:30		
Langton Sacred Heart Public School 26 Albert St.			Play & Learn 9:30-11:30			
Mississaugas of the Credit First Nation 659 New Credit Road 289-758-5599	<i>*Visit KeyON for program schedule and registration</i>					
Port Dover Lakewood Elementary 713 St. George St.	Play & Learn 9:30-12:30		Play & Learn 9:30-12:30			
Port Rowan St. John's Anglican Church 46 Front Road	<i>*Opening Soon</i>					
Selkirk Selkirk Public Library 34 Main St., W.	<i>*Opening Soon</i>					
Simcoe 12 Colborne St., North	Play & Learn 9:30-11:30	Play & Learn 9:30-11:30 5:30-7:30	Baby Play 9:00-12:00	Play & Learn 9:30-11:30	Play & Learn 9:30-11:30	*1 st and 3 rd Saturday of the Month* Play & Learn 9:30-11:30
Waterford Waterford United Church 135 Main St., South	Play & Learn 9:30-11:30	Play & Learn 9:30-11:30				

Well Baby / Breastfeeding Drop-in

In Partnership with Haldimand Norfolk Health Unit

This is a free program open to all parents and caregivers of infants and toddlers. You can connect with other families, EarlyON staff and talk to a Public Health Nurse to learn about breastfeeding, infant feeding, growth and development, community resources and any other parenting questions you may have.

Please refer to the Haldimand-Norfolk Health Unit and H-N REACH EarlyON Child & Family Centre websites for more information, including schedule changes or closures.



Prenatal Classes

The Haldimand-Norfolk Health Unit offers a combination of online and in-person prenatal classes.

The prenatal program is available to residents of Haldimand and Norfolk County.

To register for the online prenatal program go to:

<https://hnhu.org/clinics-classes/prenatal-classes/>.

To register for in-person Prenatal Classes call the Health Unit at 519-426-6170 (Simcoe) or 905-318-6623 (Caledonia). These are led by a Public Health Nurse and provided in partnership with H-N REACH EarlyON Child and Family Centres.

For up to date information on dates and times visit:

- <https://hnhu.org/clinics-classes/prenatal-classes/>
- <http://www.hnreach.on.ca/earlyon-child-and-family-centres/>



HN-REACH Holiday Closures

Monday, January 2 – New Year's Day (in lieu)
Monday, February 20 – Family Day
Friday, April 7 – Good Friday
Monday, April 10 – Easter Monday
Monday, May 22 – Victoria Day

H-N REACH EarlyON Indoor Play and Learn Programs

Please see page 3 or contact us at 519-429-2875 / 1-866-463-2759 or visit our [websites](#) or [Facebook](#) pages for up to date information and schedules.

H-N REACH EarlyON Additional Programs

Baby Picasso

An interactive program for parents/caregivers with infants/young children. Opportunity to experience the benefits of early stimulation, sensory and creative art experiences.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

Caledonia	Monday, February 27	2:00 p.m.
Simcoe	Monday, February 27	2:00 p.m.
Caledonia	Monday, May 8	2:00 p.m.
Simcoe	Monday, May 8	2:00 p.m.

Infant Massage

Parents/caregivers and infants up to 12 months

A program designed to teach parents and caregivers of infants a warm, nurturing, bonding experience through touch over five sessions together.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

Caledonia	Mondays - January 16 - February 13	1:00 p.m.
Simcoe	Mondays - January 16 - February 13	2:00 p.m.

In a community near you Mondays - May 29 - June 26
(Exact location and time to be determined)

Infant Mother Goose Parents/caregivers and infants up to 12 months

A group experience for parents /caregivers and their baby to come together weekly for six sessions and learn & sing songs and rhymes. Join us and enjoy networking with parents/caregivers and increasing the bond with your child and their development.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

Caledonia	Mondays - March 13 – April 24	1:00 p.m.
Simcoe	Mondays - March 13 – April 24	2:00 p.m.

H-N REACH EarlyON in the Community

Gym Time

At gym time children develop their physical literacy by learning a wide variety of fundamental skills and movements that allow them to enjoy many different physical activities and sports.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

Caledonia: Gateway Church
10:00 a.m. - 11:00 a.m.
Tuesday, January 17
Tuesday, February 21
Tuesday, March 21

Simcoe: First Baptist Church
2:00 p.m. - 3:00 p.m.
Tuesday, March 7
Tuesday, March 21
Tuesday, April 4
Tuesday, April 18

Little Movers

Children have a sense of self and health and well-being when they are physically active and confident in their growing abilities. The play room at Simcoe EarlyON will be set up today with a variety of opportunities for physical movement.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

Simcoe EarlyON - Tuesdays January 10 – February 21 2:00 p.m. - 3:00 p.m.

Community Outings and Visitors

Every child has a sense of belonging when he or she is connected to others and contributes to their world. EarlyON will be meeting people in our community. Information will be available each month at hnreach.on.ca, our Facebook page and at our EarlyON Child and Family Centres.

To register, email earlyon@hnreach.on.ca or call 1-866-463-2759 with the names of everyone attending and a contact phone number.

In the Community

Thursday afternoons

March 2 – June 29

2:00 p.m.

H-N REACH EarlyON Virtual Programming

Meet us on ZOOM for circle time!

Monday through Thursday at 9:00 a.m.

Email earlyon@hnreach.on.ca for zoom code details.

KEYON

CREATING YOUR ACCOUNT



www.keyon.ca

Click on *Become a Member* to begin creating your account.

How we use info

Your information is only used for planning purposes. Each adult requires their own account.



Pre-registration

Once you have an account, you can pre-register for both virtual and in-person programs at your favourite EarlyON centres.



Email Notifications

Confirm your email address to receive reminders of your pre-registrations or cancellations.



Quick Sign in

When you show up in person at the EarlyON centre, simply scan your QR tag and quickly sign in you and your child.



Pre-Registration through KEYON is **REQUIRED**. Drop-in programming is **unavailable** at this time.

Check out our MCFN EarlyON Facebook page for up-coming activities and events!

Pre-registration using your KEYON account is required to attend MCFN EarlyON programs and services as space is limited. Only those pre-registered will be permitted to attend.

Planning your in-person visit? Create your account and become a KEYON member today. www.keyon.ca

Login to your KEYON account and view our individual site calendar for information on the dates and locations our programs will be offered.

If you have questions about KEYON, or need assistance with registration, contact one of the following MCFN EarlyON staff members:

Jolene Hill RSSW, Community Navigator
jolene.hill@mncfn.ca

Tiffany Haney RECE, Program Facilitator
tiffany.haney@mncfn.ca

Megan Hill, Cultural Facilitator
megan.hill@mncfn.ca

Katharine Brown, RECE, Early Years Administrator
289-758-5599
katharine.brown@mncfn.ca

Early Years Check In

Talk to an Early Years Facilitator about your child's developmental progress.

The Early Years Check In is an easy form to use and can be completed for any child 18 months to 6 years old.

Learn about resources available to you online and in the community.

Call 1-866-463-2759 for more information.

Parenting Programs

Positive Discipline in Everyday Parenting – Virtual Program

Want to raise your child, not your voice? Our problem solving model promotes healthy child development and strong parent-child relationships for parents/caregivers with children up to the age of 6.

Wednesday - February 15 to April 12, 2023 6:00-7:30 p.m.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087. Ext. 405.

Positive Discipline in Everyday Parenting – In-person Program

Want to raise your child, not your voice? Our problem solving model promotes healthy child development and strong parent-child relationships for parents/caregivers with children up to the age of 6.

Simcoe H-N REACH EarlyON Wednesday - February 15 to April 12, 2023 - 12:30 p.m. to 2:00 p.m.

Caledonia H-N REACH EarlyON Thursday - April 6 to May 25, 2023 - 6:00 p.m. to 7:30 p.m.

For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087, Ext. 405.

For more information on Positive Discipline in Everyday Parenting refer to <https://positivedisciplineeveryday.com>.

In the Community

Development Check-In

Open to all parents/caregivers and their child 0 to 4 years. A virtual or in person session will include a brief developmental screen and discussion on key milestones.

To register, call H-N REACH, leave your name and phone number with Laurie at 519-587-2441 or 1-800-265-8087, Ext. 407.

Breastfeeding Support

Support is available by:

- Calling a Public Health Nurse at 519-426-6170 or 905-318-6623
- Attending a Well Baby and Breastfeeding Drop-in at the Early ON Centres
- Calling Telehealth Ontario at 1-866-797-0000

Healthy Babies, Healthy Children Program

Healthy Babies, Healthy Children is a free home-visiting program for pregnant moms and families with infants and young children offering support such as:

- Having a healthy pregnancy
- Breastfeeding advice and support
- Promoting your child's growth and development
- Parenting support
- Connecting you to resources and programs in your community

For more information, contact the Haldimand Norfolk Health Unit at 519-426-6170 or 905-318-6623.

Dental Program

Healthy Smiles Ontario is a free program that provides dental care for low-income children age 17 and under. Services provided include:

- Regular visits to a dentist or dental hygienist
- Fillings
- Fluoride varnish
- Xrays
- Cleanings and scaling
- Treatment for urgent or emergency oral health issues

To book a screening and see if your family qualifies, call the Health Unit at 519-426-6170, Ext. 3293, or go online www.ontario.ca/healthysmiles to learn more. * If your child receives OW, ODSP, ACSD or temporary care assistance coverage they are automatically enrolled in Healthy Smiles Ontario

Haldimand Norfolk OneList.

The safe, fast and convenient childcare registry.

Applying for child care is easier than ever with **OneList**, an online centralized childcare registry, waitlist and information service that simplifies the process of applying for child care. **OneList** provides you with:

- the ability to research different licensed child care providers and the type of care offered;
- view maps of locations of licensed child care programs close to your home or work;
- the option to apply simultaneously to any number of licensed child care programs for multiple children;
- access to change your application anywhere, anytime; and,
- a highly secure website that ensures your privacy.

Get on OneList today!

To register visit:
HaldimandNorfolkOneList.ca
For support: call: **1.888.722.1540**
or email: **support@onehsn.com**



Do you need help with Child Care Costs?



You may be eligible for Child Care Fee Subsidy, a program that helps families pay for licensed child care and qualified recreation programs.

Do I qualify?

You may be eligible for help with child care costs if you live in Haldimand or Norfolk, and have a child or children that require care and at least one of the following apply:

- You are employed
- You are attending school
- You are retraining
- You are a parent with special needs or therapeutic needs
- You have a child with special needs or therapeutic needs



Your eligibility and contribution towards the cost of care is based on the results of an income test. Check out our sample income test at www.hnss.org.

To register for a licensed program or to see a full list of licensed centres in Haldimand and Norfolk visit www.haldimandnorfolkonelist.ca

To apply for Child Care Fee Subsidy:

Call 519-426-6170 or 905-318-6623, 519-582-3579 Ext. 3745 or visit www.hnss.org for more information.



SIMCOE: P.O. Box 570, 12 Gilbertson Drive, Simcoe, ON N3Y 4N5
T: 519-426-6170 or 905-318-6623 or 519-582-3579 F: 519-426-9974

DUNNVILLE: 117 Forest Street East, Dunnville, ON N1A 1B9
T: 905-318-6623 F: 905-774-1538



Lansdowne Children's Centre

387 Cedar Street, Simcoe
282 Argyle St. S., Caledonia
110 Ramsey Drive, Dunnville

Preschool Speech and Language

- 0-36 months Speech and Language milestones checklists for parents are available at EarlyON sites and on <https://www.lansdownecentre.ca>.
- For further information or to schedule a speech and language assessment for your child, call 519-753-3153 or 1-800-454-7186.



Dalhousie Place

Supervised Access Centre
228 John Street, Simcoe

K.A.T.C.H (Kids and the Changing Home)

Open to any child 6-12 years.

A free 6-week program for children living with separation and divorce. The residential parent can call and complete an intake by phone.

A certificate of attendance and resource materials are provided.

For more information, start dates or to register call 519-751-0466 or go to www.dalhousieplace.com.

Planning for the Children After Parent Separation

Open to any caregiver.

One-time information group session for separated parents, grandparents and caregivers.

Focuses on how children are impacted following parental separation and during the custody and access process.

For more information, start dates or to register call 519-751-0466 or go to www.dalhousieplace.com.

A certificate of attendance and resource materials are provided.

Programs Funded by the United Way.





Haldimand-Norfolk
REACH

supporting children, families, communities

Healthy Moms Eating Well for 2

A Prenatal Nutrition Program designed to help you
"give your baby the healthiest start in life."

We offer free:

- ✓ Home visits
- ✓ Prenatal vitamins
- ✓ Food gift certificates for milk fruits & vegetables
- ✓ Meeting with our Dietitian
- ✓ Breastfeeding information and support



For more information, please contact the Outreach Worker at 519-587-2441 or 1-800-265-8087, Ext. 407.



AUTISM SERVICES

There are a range of evidence-based services and programs offered to children with Autism Spectrum Disorder and their families within a family-centred and flexible manner.

For inquiries please view the
H-N REACH Autism Service Guide available at
<http://www.hnreach.on.ca/autism-services/>.



Call **Contact Haldimand-Norfolk**
(a division of H-N REACH) for more information about services in
Haldimand-Norfolk for children and youth under the age of 18.
519-587-2441 or 1-800-265-8087, Ext. 350
or visit www.hnreach.on.ca



Find us on

Are you in Crisis?

Child & Youth Crisis Service is available
24 hours a day, 7 days a week for
children, youth and families.

1-866-32-REACH (1-866-327-3224)

Haldimand and Norfolk
TAPP-C



The Arson Prevention Program for Children Fire Setting is Serious Business

If you know of a child who is playing with fire please
contact 1-800-265-8087 for support.



TAPP-C is a registered trademark of the Ontario Ministry
of Community Safety and Correctional Services.

For more information visit our website at www.hnreach.on.ca or

Find us on [Haldimand-Norfolk REACH](http://www.hnreach.on.ca)

Find us on [Haldimand-Norfolk REACH EarlyON Child and Family Centre](http://www.hnreach.on.ca)

URS Ontario Autism Program: Urgent Response Service

Children and youth living in the communities of Brant, Haldimand-Norfolk, Hamilton and Niagara, and registered with the Ontario Autism Program, are eligible for the Urgent Response Service when experiencing new or recently worsening high-risk behaviours. URS offers short-term supports to respond rapidly to the targeted high-risk behaviour to reduce the risk of harm to the child/youth, others, or property.

Call **Contact Brant** to see if you are eligible for the Urgent Response Service - 519-758-8228

KINDERGARTEN REGISTRATION

REGISTER EARLY FOR FRENCH IMMERSION
JAN. 9 – FEB. 24, 2023

REGISTER ONLINE AT **CATHOLICEDUCATION.CA**



BRANT HALDIMAND NORFOLK
Catholic District School Board



COMMUNITY INFORMATION
Brant, Haldimand & Norfolk
www.info-bhn.ca

A website of local programs and services

www.info-bhn.ca



Providing therapy services
in-person and virtually in
Haldimand Norfolk

387 Cedar Street, Simcoe
282 Argyle St. S., Caledonia
110 Ramsey Drive, Dunnville
www.lansdownecentre.ca
519-753-3153 or 1-800-454-7186



Offering Counselling,
Financial Empowerment, &
Developmental Services.

519-753-4173
office@willowbridge.ca

Willowbridge.ca



www.dalhousieplace.com

Brantford and District Supervised Access Centre
Haldimand-Norfolk Supervised Access Centre

*"Dedicated to providing a Safe, Neutral & Child
Focused facility for Supervised Access"*

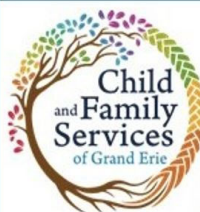


Kindergarten registration is now open!
Visit granderie.ca/kindergarten today

Protect yourself and others from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



BRANTFORD OFFICE:
P.O. Box 774, Stn Main
70 Chatham Street
Brantford ON N3T 5R7

TOWNSEND OFFICE:
70 Town Centre Drive
Townsend ON N0A 1S0

Providing child welfare services
to the communities of:
Brantford | Brant | Haldimand | Norfolk |
Mississaugas of the Credit First Nation

519-753-8681 | Toll Free 1-888-753-8681
www.cfsge.ca

