

H-N REACH EarlyON at Home

FAMILY NEWSLETTER



More centres are re-opening!

We are happy to announce that in person programs are now available at a many of our Centres. Details and schedules continue to be posted on our Facebook page, H-N REACH website, and via email.



SPOTLIGHT ON EARLYON CALEDONIA

We recently relocated to a central location Unit 4, 282 Argyle Street South. This beautiful newly refurbished site is easily accessible to everyone allowing a range of programs to be offered during the day, evening or weekends as needs dictate.

The open concept provides a warm and welcoming feel allowing the children the opportunity to explore the environment freely. Parking is extremely convenient.

We look forward to seeing you at one of our many programs.

Pre registration is required through earlyon@hnreach.on.ca



Finding Childcare just got easier in

**Haldimand
& Norfolk**

**It's safe, fast
and convenient.**

To find out more, or to complete an application, visit:
HaldimandNorfolkOnelist.ca
or call: 1.888.722.1540



Introducing OneList.

**The safe, fast and
convenient childcare
registry.**

HaldimandNorfolkOnelist.ca

The Counties of Haldimand & Norfolk are pleased to offer **OneList**, an online centralized childcare registry and information service that simplifies the process of applying for child care. Applying for child care or getting on a waiting list is easier than ever. **OneList** provides you with:

- ability to research different child care providers and the type of care offered;
- maps of locations of child care programs close to your home or work;
- the option to apply simultaneously to any number of licenced child care programs for multiple children;
- information about the child care fee subsidy program;
- access to change your application anywhere, anytime; and,
- a highly secure website that ensures your privacy.

Get on OneList today!

To register visit:
HaldimandNorfolkOnelist.ca
For support call: 1.888.722.1540
or email: support@onehsn.com

Looking for Childcare?

Finding childcare can be a stressful time for families but OneList can help. By registering your family on HaldimandNorfolkOnelist.ca you have the ability to view and apply to all the licensed childcare options in Haldimand and Norfolk that suits the needs of your family.

Once on OneList, you have access to information about fees, subsidy, location of the centre, and can change your selections at any time.

Register early many programs have waitlists.



Celebrate windy days - make wind socks

Simple windsock

1. Decorate a piece of cardstock or bristol board with paint, markers or stickers
2. Glue or tape strips of crepe paper to one end
3. Make a tube shape & secure with tape.
4. Punch holes in the top and use pipe cleaners to make a hanger.

Recycled Can windsock

- Line the inside rim of the can with a few layers of thick tape to avoid sharp edges.
- With acrylic paint decorate the inside of the can & let dry.
- Attach ribbons with glue to the bottom of the can.
- Attach a ribbon on top to use as a hanger.

Alternate ideas

- Using old items such as a hula hoop or old wreath.
- Tie a length of ribbon to create a hanger.
- Decorate circle with different lengths of ribbons.
- Add small bells to end of the ribbons.
- Watch and listen as the ribbons blow in the the breeze.

SPRING IS A GREAT TIME TO TALK TO YOUR CHILDREN ABOUT NATURE AND THE ENVIRONMENT!

Environmental stories for children:

- Why Should I Save Water? *by Jen Green*
- The Adventures of a Plastic Bottle: A Story About Recycling *by Allison Inches*
- Compost Stew *by Mary McKenna Siddals*
- The Earth Book *by Todd Parr*
- Michael Recycle *by Ellie Bethel*
- 10 Things I Can Do To Help My World *by Melanie Walsh*
- Earth Day – Hooray! *by Stuart J. Murphy*
- Why Should I Save Energy? *by Jen Green*
- I am Earth *by James McDonald*
- Curious George Plants a Tree *by H. A. Rey*
- What Does It Mean to be Green? *by Rana DiOrio*

LOW-MESS PAINTING



Using water and a paintbrush, let your child 'paint' the sidewalk, the fence, the house, and anything else they see. When the water dries, they can paint it again! This activity is low-mess, and low-waste!

Mother's Day
May 8th



Sing a song for mummy
(to the tune of Frere Jacques)

I love mommy, I love mommy
Yes I do, yes I do,
All I want to say
is 'Happy Mother's Day'
I love you, I love you !

HOW OLD IS THAT TREE?



Have you ever wondered how old the trees in your neighbourhood are?

I knew you could count the rings inside of a tree to find out it's age. But did you know that there is a way to find out a tree's age without having to cut it down?

Visit the link below and follow the directions:

<https://www.cliftonparkopenspaces.org/treecalculator>

RECIPE OF THE MONTH

AMBROSIA SPRING SALAD

Ingredients

8 ounces frozen whipped topping, thawed
1/2 cup vanilla yogurt
1 cup shredded sweetened coconut
1 11-ounce can mandarin oranges, drained
1 8-ounce can pineapple tidbits or crushed pineapple, drained
1 cup maraschino cherries, drained
1/2 cup chopped pecans, optional
1 1/2 cups mini fruit-flavored marshmallows

Instructions

In a large bowl, stir together the whipped topping and yogurt.
Using a rubber spatula, carefully fold remaining ingredients into whipped topping.
Chill before serving.



WE ARE STILL HERE FOR YOU!

We continue to shift our programs and services to be able to support children and families. Haldimand-Norfolk REACH is considered an essential service, and we are working to stay connected with everyone, and to help those in need during these turbulent times.

If you or your child are in crisis, our Child and Youth Crisis Line is available 24 hours a day, 7 days a week. 1-866-327-3224

Find us on Facebook - we are the Haldimand-Norfolk REACH EarlyON Child and Family Centre! We're always posting schedules of activities, activity ideas, circle time videos and stories, and tips to stay healthy.

Register to come and play with us - Enjoy a variety of child-led play experiences both inside and outside. See our Facebook page or visit www.hnreach.on.ca for our program schedule.

Join us on Zoom - We host a variety of Zoom activities Monday through Friday, like Circle Time, and Well Baby with a Health Nurse.

Connect through email - Have an idea you'd like to see us try? Want more information about our programs? Email us at earlyon@hnreach.on.ca