

# Your Guide HALDIMAND & NORFOLK

*for Families, Children & Teens*

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Ontario Early Years Centres  
A Place for Parents And Their Children.



Centres de la petite enfance  
Un endroit pour les parents et leurs enfants.



The Children's Aid Society  
of Haldimand & Norfolk



PLEASE SHARE & RECYCLE

Your Guide is a

## COMMUNITY RESOURCE BOOKLET

filled with courses, workshops, events and group services for families, children & teens.



Also available online:

[www.contactbrant.net/yourguide](http://www.contactbrant.net/yourguide)

**September 1 – December 31, 2016**

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Flip YOUR GUIDE  
for Brant!



If you have a question about one of the programs in this guide, please call the number listed. Inclusion of a group or program in this flyer does not imply endorsement by Your Guide, or any of its sponsors. Every effort is made to ensure the accuracy of information in this flyer; however we cannot be responsible for errors or omissions. Call Contact Brant at 519-758-8228 for information about submissions to Your Guide.

Ontario Early Years Centres  
A Place For Parents And Their Children.



Centres de la Petite enfance  
Un endroit pour les parents et leurs enfants.



**WELCOME**  
**to the Ontario Early Years Centre - Haldimand & Norfolk**  
**A Unit of H-N REACH**

**A place for children to:**

- Play and learn with their parents/caregivers
- Explore and experience activities to stimulate brain development
- Interact and play with other children
- Programs for school-aged children up to age 12

**A place for parents/caregivers to:**

- Drop in with children to participate in play-based learning activities
- Interact with your child and program staff
- Attend workshops and learn parenting tips
- Meet other parents and caregivers
- Borrow resources from the Resource Room / Library
- Information about the importance of early learning and child care programs
- Information and referrals to other community early learning programs/services like Haldimand-Norfolk REACH, HN Health Unit, HN Preschool Speech and Language Program and many more.

**To Play~To Learn~To Grow!      Our services are free!**

**Not Feeling well?**

- Be thoughtful about everyone's health.
- If you or your child is not feeling well, do not come to the centre.

**Allergy Awareness:**

Ontario Early Years Centre is proactive in reducing the use of Scents and Nuts in the centre. The side effects can be debilitating to some, please be aware of what scents and food items are being brought into the centre.



**Photo Consent:**

- OEYC H&N may take photos of children playing, or at Parent/Child programs and may use those photos for learning purposes within the Centre or for training purposes with other Early Years professionals.
- If it is the intention for photo to go into the public such as newsletters, flyers or on our website, you will be contacted and asked to sign for the specific photo.

**Duty to Report**

- The law states that as professionals we have a duty to report any suspicions that a child's safety or well being is at risk to a child protection agency.

**Registration Start Date: Monday, August 8, 2016 from 9:00 a.m.**  
**Call - 519-429-2875 or 905-765-1661 or email: [oeyc@hnreach.on.ca](mailto:oeyc@hnreach.on.ca)**

## Workshop Registration:

- Register by:
  - calling 1-866-463-2759 or 905-765-1661
  - complete the section below and drop in to one of our sites
  - email [oeyc@hnreach.on.ca](mailto:oeyc@hnreach.on.ca)
- Register at least one week before the date of the workshop
- If the workshop is full, your name will be added to a waiting list
- All cheques made out to HN REACH for cost recovery fees.
- Refunds will not be given unless one weeks notice has been given. An alternative person may attend. Workshops may be cancelled one week prior if registration is low.
- For workshops with no cost attached please call to cancel at least 24 hours before the workshop so that someone else may attend.

## Registration Information: (please print clearly)

Adult		Children				
Name:		Name:	Age		Name:	Age
Name:		A		D		
Phone:		B		E		
Email:		C		F		

## Programs at a Glance:

√	Program	Location	Time	Children (i.e., A, B, C, D...)
	Artist in the Centre			
	Baby Picasso			
	Car Seat Safety Check			
	Feeding Your Baby 101			
	Fun with Food			
	Infant Massage			
	Parent Infant Mother Goose			
	Parent Child Mother Goose			
	Snuggle up and Read			
	Toddler Artworks			
	Well Baby Visitor-Keepsake Gifts			
	Week of the Child and Youth			
	123 Look at Me			

## Holiday Closures:

- Monday, September 5 – Labour Day, All Sites
- Tuesday evening, October 4 – Fair Day, Simcoe Site
- Saturday October 8 and Monday, October 10 – Thanksgiving Holiday, All Sites
- Friday, November 11 – Remembrance Day
- Closed Saturday December 24 to Monday January 2 Inclusive

## Parent & Child Free Interactive Drop-in Programs September to December 2016

HN REACH, Ontario Early Years Centre – Haldimand & Norfolk

### Play and Learn for Children 0-6 years

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Caledonia Site</b> Notre Dame Elementary 35 Braemar Ave.	9:00-11:30		9:00-3:00 and 5:30-7:30	9:00-11:30			
<b>Cayuga Site</b> J.L. Mitchener School 60 Munsee St., South			9:30-12:00				
<b>Delhi Site</b> Delhi United Church 105 Church St., East	9:00-11:30			9:00-1:00			
<b>Dunnville Site</b> Fairview Ave Public School 223 Fairview Ave. West		8:30-11:30	8:30-11:30			9:00-12:00	2 <sup>nd</sup> Saturday of each month
<b>Hagersville Site</b> St Mary's School 92 Main St., South	9:00-12:00						
<b>Houghton Site</b> Houghton Public School 505 Fairground Side Road		9:00-12:00	9:00-12:00	9:00-12:00			
<b>Port Dover Site</b> Lakewood Elementary 713 St. George St.	9:00-12:00		9:00-12:00				
<b>Port Rowan Site</b> St. John's Anglican Church 46 Front Road					9:30-12:00		
<b>Simcoe Site</b> 12 Colborne St., North	9:00-11:30	9:00-3:00 and 5:30-7:30		9:00-3:00		9:00-12:00	1 <sup>st</sup> & 3 <sup>rd</sup> Sat of each month
<b>Waterford Site</b> Waterford United Church 135 Main St., South		9:00-12:00					

HN REACH, Ontario Early Years Centre – Haldimand & Norfolk  
**Baby Play**

Make new friends and observe baby's first friendships. Participate in a special circle time for baby.

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Caledonia Site</b> Notre Dame Elementary 35 Braemar Ave.				1:00-3:00			
<b>Simcoe Site</b> 12 Colborne St., North				1:00-3:00			

HN REACH, Ontario Early Years Centre – Haldimand & Norfolk  
**Story Time with the Librarian**

The Librarian leads a fun interactive story time. Together explore letters, numbers and so much more through books, songs and rhymes

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Delhi Site</b> Delhi United Church 105 Church St., East				11:30-12:00			4 <sup>th</sup> Thursday of each month
<b>Hagersville Site</b> St Mary's School 92 Main St., South	11:00-11:30						2 <sup>nd</sup> Monday of each month
<b>Simcoe Site</b> 12 Colborne St., North		2:30-3:00					2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of each month

HN REACH, Ontario Early Years Centre – Haldimand & Norfolk  
**Parenting Station**

Located in the arena, the parenting station is a place to change diapers, feed your baby or just come to a quiet area to let your little one move around away from the hustle and bustle.

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Caledonia Fair</b> Fairgrounds, Caledonia				10:00 am to 8:00 pm	10:00 am to 8:00 pm	10:00 am to 8:00 pm	September 29 to October 1
<b>Norfolk County Fair</b> Fairgrounds, Simcoe	10:00 am to 7:00 pm	10:00 am to 7:00 pm	10:00 am to 7:00 pm	10:00 am to 7:00 pm	10:00 am to 7:00 pm	10:00 am to 7:00 pm	October 4 to October 10

HN REACH, Ontario Early Years Centre – Haldimand & Norfolk

**Well Baby / Breastfeeding Program**

In Partnership with Haldimand Norfolk Health Unit

An excellent support and resource for parents of infants and toddlers. Have your baby weighed and measured. Talk with Public Health Nurse about breastfeeding your infant and child concerns. Meet your Early Years Facilitator and have your questions answered.

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Caledonia Site</b> Notre Dame Elementary 35 Braemar Ave.		9:00-12:00					Nurse on site 9:30-11:30
<b>Delhi Site</b> Delhi United Church 105 Church St., East				10:00-11:00			Nurse on site 10:00-11:00
<b>Dunnville Site</b> Fairview Ave Public School 223 Fairview Ave., West				9:00-12:00			Nurse on site 9:30-11:30
<b>Simcoe Site</b> 12 Colborne St., North			9:00-12:00				Nurse on site 9:30-11:30 1 <sup>st</sup> , 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday

**Programs offered by Haldimand Norfolk Health Unit**

**Well Baby / Breastfeeding Program**

In Partnership with Norfolk Pregnancy Care Centre

An excellent support and resource for parents of infants and toddlers. Have your baby weighed and Measured. Talk with Public Health Nurse about breastfeeding of your infant and child concerns.

Location	Mon	Tues	Wed	Thurs	Fri	Sat	Note
<b>Norfolk Pregnancy Care Centre</b> 37 Robinson St., Simcoe			9:30-11:30				3 <sup>rd</sup> Wednesday of each month

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## Parent and Child age 0 – 6 years programs

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<p><b>Infant Massage</b> Ontario Early Years Centre - Haldimand &amp; Norfolk Facilitated by a Certified Infant Massage Instructor</p>	<p><b>Caledonia and Simcoe Site</b> Mondays September 12 to October 3 1:30 pm to 2:30 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 12 months</li> <li>• Bond with your baby while learning the art of Infant Massage.</li> <li>• Designed to teach how touch can provide a nurturing and bonding experience with infants.</li> <li>• Dress comfortably as we will be sitting on the floor.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>		
<p><b>Baby Visitor - Keepsake Gifts</b> Ontario Early Years Centre - Haldimand &amp; Norfolk Facilitated by Early Literacy Specialist</p>	<p>All sites 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 12 months</li> <li>• Baby's first holiday is truly special.</li> <li>• Come in and make a special keepsake for your baby.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia Site</b> Tuesday December 20</p> <p><b>Delhi Site</b> Thursday December 8</p> <p><b>Dunnville Site</b> Thursday December 15</p> <p><b>Simcoe Site</b> Wednesday December 21</p>	
<p><b>Feeding Your Baby 101</b> Facilitated by HN Health Unit, Registered Dietitian</p>	<p>All sites 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 12 months</li> <li>• Everything you need to know about starting solids and beyond.</li> <li>• First foods, textures and making your own baby food.</li> <li>• Sample menus and teach self-feeding skills to prevent picky eating.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia Site</b> Tuesday September 20</p> <p><b>Delhi Site</b> Thursday September 8</p> <p><b>Dunnville Site</b> Thursday September 15</p> <p><b>Simcoe Site</b> Wednesday September 21</p>	
<p><b>Parent-Infant Mother Goose Program</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia and Simcoe Site</b> Mondays November 21 to December 19 1:00 pm to 2:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 12 months</li> <li>• Together we will focus on the pleasure and power of rhymes, songs, and stories.</li> <li>• This is an interactive program for parents and their infants.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>		
<p><b>Baby Picasso</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia, Dunnville, Houghton and Simcoe Sites</b> Friday September 2 9:00 am to 10:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 12 months</li> <li>• Come &amp; learn the benefits of early stimulation and sensory experiences.</li> <li>• An opportunity for parents/ caregivers and infants to experience creative art.</li> <li>• Messy babies at play, please dress accordingly!</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>		

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<p><b>Car Seat Education Keeping Your Children Safe</b> Ontario Early Years Centre - Haldimand &amp; Norfolk. In Partnership with the Please Be Seated Committee</p> <p>Facilitated by a Certified Car Seat Technician</p>	<p>All sites 10:00 am to 11:00 am</p> <p><b>Caledonia Site</b> Tuesday November 15</p> <p><b>Delhi Site</b> Thursday November 10</p> <p><b>Dunnville Site</b> Thursday November 17</p> <p><b>Simcoe Site</b> Wednesday November 16</p>	<ul style="list-style-type: none"> <li>• 0 – 18 months</li> <li>• Is your child's car seat installed correctly?</li> <li>• A trained car seat technician will educate, demonstrate and answer any questions you may have about your child's car seat.</li> </ul>
<p><b>123 Look at Me!</b> Facilitated by a Resource Consultant or Infant &amp; Child Development Worker from HN REACH</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia Site</b> Tuesday October 18 9:00 am to 12:00 pm</p> <p><b>Delhi Site</b> Thursday November 10 9:00 am to 12:00 pm</p> <p><b>Dunnville Site</b> Thursday October 20 9:00 am to 12:00 pm</p> <p><b>Simcoe Site</b> Wednesday October 19 9:00 am to 12:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 18 months</li> <li>• In a 45 minute session, your child will receive a brief developmental screen.</li> <li>• You will be able to discuss key milestones and your child's development with a professional.</li> </ul>
<p><b>Toddler Artworks</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia and Simcoe Site</b> Friday November 25 9:00 am to 10:00 am</p>	<ul style="list-style-type: none"> <li>• 12 – 36 months</li> <li>• Sensory play is crucial for contributing to brain development.</li> <li>• Children get to leave with their own finished art masterpiece!</li> <li>• 1 to 1 Participation only.</li> </ul>
<p><b>Community Visitor – Norfolk OPP</b> Ontario Early Years Centre - Haldimand &amp; Norfolk Presented by Norfolk OPP</p> <p><b>No Registration Required</b></p>	<p><b>Simcoe Site</b> Tuesday September 6 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Local police will share with us about the very important job they do in our community.</li> <li>• This is a time for children to learn hands on, ask questions, and have an opportunity to talk about safety.</li> </ul>
<p><b>Gym Time</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Dunnville Site</b> Tuesday October 4 and November 1 5:30 pm to 7:30 pm</p> <p><b>Baptist Church</b> <b>129 Young Street, Simcoe</b> Wednesday November 2 and 16 Wednesday December 7 and 21 10:00 am to 11:30 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Join your child in dodging, hopping, skipping, jumping, catching, dribbling and many other fundamental movement skills through a variety of games and activities.</li> <li>• Enhance your child's physical literacy.</li> <li>• Dress for active play, indoor shoes required.</li> </ul>
<p><b>Ukulele Ladies Visit</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site</b> Thursday December 15 9:30 am to 10:30 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Join us as we sing and dance to some Christmas tunes.</li> </ul>



<p><b>Dress Up Drop In</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p>All sites 9:00 am to 11:30 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Monkeys, lions, fireman or princesses, you just never know who will show up!</li> <li>• Come dressed up for play and learn and watch their imaginations soar.</li> </ul>	
<p><b>No Registration Required</b></p>	<p><b>Caledonia Site</b> Monday October 31</p>		
	<p><b>Cayuga Site</b> Wednesday October 26</p>		
	<p><b>Delhi Site</b> Monday October 31</p>		
	<p><b>Dunnville Site</b> Wednesday October 26</p>		
	<p><b>Hagersville Site</b> Monday October 31</p>		
	<p><b>Houghton Site</b> Wednesday October 26</p>		
	<p><b>Port Dover Site</b> Monday October 31</p>		
	<p><b>Port Rowan Site</b> Thursday October 27</p>		
	<p><b>Simcoe Site</b> Monday October 31</p>		
	<p><b>Waterford Site</b> Tuesday October 25</p>		
<p><b>Old Fashioned Christmas</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p>All sites 9:30 am to 11:30 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Parent and child create a Christmas Heirloom together.</li> <li>• Increase your child's pride in who they are by sharing stories of family traditions.</li> </ul>	
<p><b>No Registration Required</b></p>			<p><b>Caledonia Site</b> Thursday December 15</p>
			<p><b>Delhi Site</b> Thursday December 15</p>
			<p><b>Dunnville Site</b> Wednesday December 14</p>
			<p><b>Houghton Site</b> Thursday December 15</p>
			<p><b>Port Dover Site</b> Wednesday December 14</p>
			<p><b>Simcoe Site</b> Thursday December 15</p>
	<p><b>Artist in the Centre</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site</b> Wednesday October 12 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Explore your creativity with a local artist using a variety of materials.</li> <li>• Spark your imagination and enjoy the sensory experience of creating a masterpiece.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 a.m.  Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Simcoe Site</b> Tuesday October 18 10:00 am to 11:30 am</p>		

<p><b>Fun With Food</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site</b> Wednesday September 14 and October 19 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Fun with food gives children an opportunity to measure, pour, mix, follow a recipe, decorate and more.</li> </ul>
<p><b>No Registration Required</b></p>	<p><b>Delhi Site</b> Thursday September 15 and October 20 9:30 am to 10:30 am</p>	
	<p><b>Dunnville Site</b> Wednesday September 14 and October 19 9:30 am to 10:30 am</p>	
	<p><b>Houghton Site</b> Wednesday September 14 Thursday October 20 Tuesday November 15 9:30 am to 10:30 am</p>	
	<p><b>Simcoe Site</b> Thursday September 15 and October 20 9:30 am to 10:30 am</p>	
<p><b>Parent - Child Mother Goose Program</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site, Dunnville and Port Dover Site</b> Fridays September 16 to October 7 9:00 am to 10:00 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Join us for a fun time of songs, rhymes and stories.</li> <li>• This is an interactive program for parents, caregivers and their children.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>		
<p><b>Snuggle Up &amp; Read</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site</b> Wednesday December 14 6:00 pm to 7:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Bring your pillow, blanket and stuffies for a snuggle up story time.</li> </ul>
<p>Facilitated by Early Literacy Specialist</p>	<p><b>Dunnville Site</b> Tuesday November 29 10:00 am to 11:00 am</p>	<ul style="list-style-type: none"> <li>• Feel free to wear your jammies.</li> <li>• Bring a previously enjoyed book for the book exchange.</li> </ul>
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Simcoe Site</b> Tuesday December 13 6:00 pm to 7:00 pm</p>	
<p><b>Story Walk</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p>	<p><b>Caledonia Site</b> Wednesday October 26 2:00 pm to 3:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Building Literacy skills through a story walk!</li> <li>• Talk, read and walk your way through a story as you enjoy of your community's greenspaces.</li> </ul>
<p>Facilitated by Early Literacy Specialist</p>	<p><b>Delhi Site</b> Thursday October 6 10:00 am to 11:00 am</p>	
<p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Dunnville Site</b> Tuesday October 11 10:00 am to 11:00 am</p>	
	<p><b>Simcoe Site</b> Thursday October 13 10:00 am to 11:00 am</p>	

<p><b>1 2 3 Look at Me!</b> Facilitated by a Resource Consultant or Infant &amp; Child Development Worker from HN REACH</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia Site</b> Wednesday September 14 5:30 pm to 7:30 pm Thursday November 24 and December 22 9:00 am to 12:00 pm</p> <p><b>Delhi Site</b> Monday December 12 9:00 am to 12:00 pm</p> <p><b>Dunnville Site</b> Tuesday September 20 Wednesday November 30 9:00 am to 12:00 pm</p> <p><b>Houghton Site</b> Wednesday October 5 9:00 am to 12:00 pm</p> <p><b>Port Rowan Site</b> Thursday September 22 9:00 am to 12:00 pm</p> <p><b>Simcoe Site</b> Tuesday November 1 5:30 pm to 7:30 pm Monday September 26 Thursday December 8 9:00 am to 12:00 am</p> <p><b>Waterford Site</b> Tuesday December 6 9:00 am to 12:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• In a 45 minute session, your child will receive a brief developmental screen.</li> <li>• Discuss key milestones and your child's development with a professional.</li> </ul>
<p><b>Creative Movement</b> Ontario Early Years Centre - Haldimand &amp; Norfolk Facilitated by a Local Dance Instructor</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Caledonia Site</b> Wednesday November 16 10:30 am to 11:30 am</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• Let's get moving and have some fun!</li> <li>• Enjoy dancing, stretching, wiggling and jiggling in this creative movement program.</li> </ul>
<p><b>Fun at the Houghton Fair</b> Ontario Early Years Centre - Haldimand &amp; Norfolk</p> <p><b>No Registration Required</b></p>	<p><b>Houghton Site</b> Thursday October 27 11:30 am to 3:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• After a morning of Play and Learn at the OEYC, join us as we participate in the school parade to the Houghton Fair.</li> </ul>
<p><b>Week of the Child &amp; Youth</b> Ontario Early Years Centre - Haldimand &amp; Norfolk. In Partnership with The Week of the Child and Youth Committee.</p> <p><b>Registration opens</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p>	<p><b>Haldimand and Norfolk County</b> Saturday October 22 1:00 pm to 3:00 pm</p> <p><b>Sunday October 23</b> 1:00 pm to 3:00 pm</p>	<ul style="list-style-type: none"> <li>• All Ages</li> <li>• Let's celebrate the Week of the Child and Youth!</li> <li>• Take time for our kids with free family fun.</li> <li>• Check out the Early Years Centre for organized events.</li> </ul>

<p><b>Light-Up Night</b> Ontario Early Years Centre - Haldimand &amp; Norfolk <b>No Registration Required</b></p>	<p><b>Caledonia Site</b> Thursday November 24 6:00 pm to 9:00 pm</p>	<ul style="list-style-type: none"> <li>• All Ages</li> <li>• Join us at the Fair Grounds as Caledonia light's up for Christmas.</li> </ul>
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### Parenting Programs / Community Supports

<p><b>Beyond the Basics</b>  For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405</p>	<p><b>Simcoe Site</b> Tuesdays September 13 to November 1 10:00 am to 12:00 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 6 years</li> <li>• A group for parents with children involved with the Children's Aid Society.</li> <li>• Learn new approaches to parenting through play based learning, discussion and problem solving.</li> </ul>
<p><b>Car Seat Safety Check</b> Ontario Early Years Centre – Haldimand &amp; Norfolk. In Partnership with the Please Be Seated Committee</p> <p><b>Registration opens:</b> Monday August 8 at 9:00 am Call OEYC at 1-866-463-2759 or email <a href="mailto:oeyc@hnreach.on.ca">oeyc@hnreach.on.ca</a></p> <p>To book an appointment at Simcoe or Dunnville Health Unit please call 905-318-5367 ext. 304</p>	<p><b>Caledonia Site</b> Saturday September 17 10:00 am to 12:00 pm</p> <p>Tuesday November 1 10:00 am to 11:30 am</p> <p><b>Haldimand Norfolk Health Unit</b> 12 Gilbertson Drive, Simcoe Saturday September 10 10:00 am to 12:00 pm</p> <p><b>Haldimand Norfolk Health Unit</b> 117 Forest St. E., Dunnville Thursday October 6, 2016 4:30 pm to 6:30 pm</p>	<ul style="list-style-type: none"> <li>• 0 – 8 years</li> <li>• Is your child's car seat installed correctly?</li> <li>• A trained car seat technician will check and help you make any necessary changes to ensure that your child is as safe as possible in their care seat in your vehicle.</li> </ul>
<p><b>Walk-in Counselling Clinic</b> Facilitated by HN REACH</p> <p>For transportation assistance call 1-800-265-8087 ext. 246</p>	<p><b>Haldimand-Norfolk REACH</b> 101 Nanticoke Pkwy, Townsend Every Tuesday</p>	<ul style="list-style-type: none"> <li>• 0 – 18 years</li> <li>• Provides option of quick access to therapy services.</li> <li>• Family members can see trained therapists at their chosen moments of need.</li> </ul>
<p><b>Positive Discipline in Everyday Parenting</b> Facilitated by HN REACH</p> <p>For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405</p>	<p><b>Simcoe Site</b> Mondays September 19 to November 21 6:30pm to 8:00pm</p>	<ul style="list-style-type: none"> <li>• All Ages</li> <li>• Raising your child, not your voice.</li> <li>• Parents learn to set boundaries and use teachable moments to provide their children with the skills for success.</li> </ul>
<p><b>Moms Talk</b> Facilitated by HN REACH</p> <p>For more information or to register, please call Barb at 519-587-2441 or 1-800-265-8087 ext. 405</p>	<p><b>Simcoe Site</b> Every Wednesday 1:00 pm to 3:00 pm</p>	<ul style="list-style-type: none"> <li>• All Ages</li> <li>• Moms get together to talk about the things that matter to them including relationships, parenting, feeling alone and friendship. Child care provided.</li> </ul>
<p><b>Fetal Alcohol Spectrum Disorder (FASD) Caregiver Support Group</b> Facilitated by HN REACH</p> <p>For more information or cancellations, please call Michelle Wingrove at 519-587-2441 ext. 285 or 1-800-265-8087 ext. 285</p>	<p><b>Haldimand-Norfolk REACH</b> 101 Nanticoke Pkwy, Townsend 1<sup>st</sup> Tuesday 6:45 pm to 8:45 pm</p>	<ul style="list-style-type: none"> <li>• All Ages</li> <li>• Safe environment for families or caregivers of individuals with FASD.</li> <li>• Discuss experiences, develop skills to manage their needs, support other community members, and share resources.</li> </ul>



# HOPEMORE.CA

**Hopemore.ca** is for your people in Brant, Haldimand & Norfolk who want to access assistance or information about mental health, and personal wellbeing

**Be Safe** helps youth connect with Haldimand-Norfolk mental health and addictions resources. It will:

- Help youth to make a safety plan
- Informs about local resources
- Give options for getting help
- Informs how to wait for help safely



Download your **FREE** app for iOS and Android at [mindyourmind.ca/interactives/be-safe](http://mindyourmind.ca/interactives/be-safe)

Pick: Region - Haldimand Norfolk



Haldimand-Norfolk  
**REACH**

*supporting children, families, communities*

## Healthy Moms Eating Well for 2

A Prenatal Nutrition Program designed to help you  
**"give your baby the healthiest start in life."**

### We offer free:

- ✓ Home visits
- ✓ Prenatal vitamins
- ✓ Food gift certificates for milk products, fruits & vegetables
- ✓ Meeting with our Dietitian
- ✓ Breastfeeding information and support



**For more information, please contact the Outreach Worker at 519-587-2441 or 1-800-265-8087 ext. 407**

We are seeking

## Host Family Respite Providers

to provide overnight respite in their homes on a fee for service basis to individuals with Developmental Disabilities. Reimbursement for service provided is based on a 24-hour block of time. Screening, approval and ongoing support is provided by a Family Support Coordinator.

### Family Respite Services of Haldimand-Norfolk REACH

For more information contact  
Sandra DaSilva (ext. 357) or Lana Anderson (ext. 253) 1-800-265-8087



### Call **Contact Haldimand-Norfolk**

(a division of H-N REACH) for more for information about services in Haldimand-Norfolk for children and youth under the age of 18.

**519-587-2441 or 1-800-265-8087 ext. 350**  
or visit [www.hnreach.on.ca](http://www.hnreach.on.ca)

## Are you in Crisis?

Child & Youth Crisis Service is available 24 hours a day, 7 days a week for children, youth and families

**1-866-32-REACH (1-866-327-3224)**

Our team is also available through a pager

at 905-540-2718

## Haldimand and Norfolk

### TAPP-C



### The Arson Prevention Program for Children Fire Setting is Serious Business

If you know of a child who is playing with fire please contact 1-800-265-8087 for support



**TAPP-C is a registered trademark of the Ontario Ministry of Community Safety and Correctional Services**





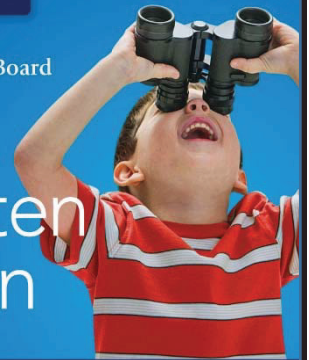
See us at  
Haldimand-Norfolk REACH  
Ontario Early Years Centre Simcoe &  
Dunnville Sites

To learn more:  
[www.lansdownecentre.ca](http://www.lansdownecentre.ca)  
519-753-3153 ext. 206



**NEW French Immersion**  
BRANT HALDIMAND NORFOLK  
Catholic District School Board

# Kindergarten registration



Watch him explore!

Call 519.756.6369 or visit [www.bhncdsb.ca](http://www.bhncdsb.ca)



## Register for Kindergarten!

Telephone: 519-756-6301 | Toll Free: 1-888-548-8878 | Email: [info@granderie.ca](mailto:info@granderie.ca)

Learn what you need to register, locate the program and school of choice, and order your *Welcome to Kindergarten* guide online... [granderie.ca](http://granderie.ca)

**SUCCESS** for Every Student

Follow and join the conversation @GEDSB on Twitter and Facebook.  



The Children's Aid Society  
of Haldimand & Norfolk

*Vision: A community that  
nurtures the lives and  
dreams of children*

Ensuring child safety is everyone's  
responsibility. If you have a concern for a  
child or would like to help you can:  
Volunteer, Mentor, Foster, Adopt or Donate

1-888-CAS-KIDS [www.cashn.on.ca](http://www.cashn.on.ca)

## Haldimand Norfolk One List

**Finding Childcare just got easier in Haldimand & Norfolk.**

The Counties of Haldimand and Norfolk are pleased to offer OneList, an online centralized childcare registry and information service that simplifies the process of applying for child care. It's safe, fast and convenient. To find out more, or to complete an application, visit: [www.HaldimandNorfolkOneList.ca](http://www.HaldimandNorfolkOneList.ca) or call: 1-888-722-1540



## Community Information Database for Brant, Haldimand & Norfolk

Managed by



Visit us at [www.info-bhn.ca](http://www.info-bhn.ca)

Supported by  Call 211 Live Answer 24/7 or visit [211Ontario.ca](http://211Ontario.ca)